



The mission of the Dubois County Substance Abuse Council is to reduce substance abuse and the problems associated with substance abuse in Dubois County Youth and Adults in order to enhance family and community life.

SAC Meeting Minutes

DATE: 10/11/2016

CONDUCTED BY: Jim McFaul

TIME: 11am

RECORDED BY: Deb Capps

PLACE: Shoney's Restaurant

PRESENT: Brett Hurm, Mary Curtis, Terry Tanner, Deb Capps, Danielle Murphy, Nancy Eckerle, Janet Schnell, Jim McFaul, Josh Gunselman, Chad Blessinger, Megan Durlauf, Layne Foote, Lloyd Froman, Ashlee Murphy, Heather Terwiskie, Becky Michael, Aaron Merkel, Natosha Beckman, Brian Sefferneck, and Jason Knies.

Topic/Agenda	Discussion/Conclusion	Recommendation/Action
I. Approval of Minutes	Mtg began at 11:02am. Everyone introduced themselves. Nancy motioned to approve the Minutes, Megan seconded. Motion passed	
II. Treasurer's Report	<p>Terry reported: No change from last month due to Auditor out of office.</p> <p>Prevention/Education - \$8,594.93 Treatment/Intervention - \$8,594.93 Criminal Justice Services - \$8,594.94 Discretionary - \$2,936.34 Current balance - \$28,721.74</p> <p>Josh motioned to approve Report, Nancy seconded. Motion passed.</p>	
III. Coordinator Report	<p>23.25 hours worked, helping grantees with applications, ICJI, and the Executive Committee. ICJI notified her after the last meeting that some of the grants don't currently meet ICJI requirements. Janet read a long letter from ICJI to the group that suggested how we should spend our funds, working with treatment providers. In essence, we need to add more info to the grant for radar units, update our website, provide more info about drug tests, increase funding for Matrix, and seek another grantee for treatment/intervention. Jim said Janet will send the email to Executive members to review. Janet also alerted us that ICJI doesn't need to approve our By-laws so the by-laws drafted last Spring should be effective January 2016.</p>	Grant funding is delayed until SAC meets ICJI requirements.
IV. Representative Reports	<ul style="list-style-type: none"> • Tim reported that the jail population increased overnight. • Brett said they lowered the wait list for Matrix, adding an evening meeting. • Becky shared that Southern Hills submitted a \$140,000 grant for Matrix program for teens and adults, including family education (which isn't funded by insurance) and drug screens. They should know soon if the grant is funded or not. If awarded, the funds will come to SAC and we'll have to track it separately from user fees. Southern Hills has already surpassed the number of clients they saw in 2015. • Megan did a presentation with 7th graders at "Life" (formerly known as Truth or Consequences) at Forest Park in September. Forest Park has asked if the program can be repeated for 9th graders. Students learn the consequences of actions and included break-out sessions for students to learn coping skills and be inspired for healthy lifestyles. 	

	<ul style="list-style-type: none"> • No reports from other Representatives. 	
V. Other	<ul style="list-style-type: none"> • Brentwood Meadows is doing a CE program, Hypnos Therapy, Nov. 3. Expect an email from Janet • Jim shared that he arranged for a meeting with TRI-CAP and CARES Executive Committee to discuss the SOC grant. The meeting is at TRI-CAP at 9am, Oct. 17. All are welcome to attend. 	
VII. Progress Reports	<ul style="list-style-type: none"> • Aaron Merkel reported that they purchased four breathalyzers but they haven't yet implemented usage. One will be at each group housing unit. He passed the breathalyzer around for all to see, it was very small and on a key chain. He personally tested it and found it to be very sensitive. 35 out of the 64 group home residents have an alcohol issue. 	Aaron will submit the written report asap. He didn't realize there was a written report.
VIII. Speakers	<p>Brett, Heather, and Layne shared info about what they're seeing. 37 people from Dubois, 25 were admits. Of the 25, 7 were alcohol with mental health, 2 heroin, and 3 meth. Brentwood Meadows has a new therapist who provides equestrian therapy near their facility. Southern Hills has similar data to Brentwood Meadows. Heather said she didn't bring data either but is similar to Brentwood. She shared that one patient is psychotic with methamphetamine use. They have a lot of opiate users in outpatient service. Memorial does blood screens that take 30 minutes or less. They can do a K2 test but it takes about 2 weeks for those results. Their screens don't measure the level of substances but they work with patients to determine prescribed medicines. Janet shared that schools are updating their manuals, wanting each school to have same policies. She plans to help them. Becky shared that she's told multiple groups recently that Southern Hills provides confidential substance abuse treatment (without parental knowledge). Megan asked how they fund it, Becky believes it is a clinical write-off.</p>	
Next meeting	11/8, 11am at Shoney's Restaurant	
VIII. Adjournment	Meeting adjourned at 11:44am. Chad motioned and Mary seconded. Motion passed.	

Any questions, please contact Janet Schnell at Janet4SAC@gmail.com, 812-683-3767, 812-630-6779.
 Compiled and submitted electronically by Deb Capps, SAC Secretary, on 10/11/2016.