



The mission of the Dubois County Substance Abuse Council is to reduce substance abuse and the problems associated with substance abuse in Dubois County Youth and Adults in order to enhance family and community life.

SAC Meeting Minutes

DATE: 3/8/2016

TIME: 11am

PLACE: Shoney's Restaurant

CONDUCTED BY: Jim McFaul

RECORDED BY: Deb Capps

PRESENT: Jim McFaul, Janet Schnell, Jason Knies, Jeremy Lee, Jennifer Lampert, Tim Lampert, Anthony Quinn, Courtney Knies, Josh Gunselman, Chad A. Blessinger, Mary Curtis, Natosha Beckman, Ashlee Murphy, Nancy Eckerle, Deb Capps, Terry Tanner, Becky Michael, Layne Foote, Jessica Black, Aaron Garner, and Brian Seffernick.

Topic/Agenda	Discussion/Conclusion	Recommendation/Action
I. Approval of Minutes	Jennifer Lampert made a correction to the February Minutes.	Josh motioned, Nancy seconded. Corrected Minutes approved.
II. Treasurer's Report	Terry reported: Prevention/Education - \$8,594.93 Treatment/Intervention - \$8,594.93 Criminal Justice Services - \$8,594.94 Discretionary - \$7,284.24 Total Available- \$33, 069.34 User fees - \$4, 091	Deb motioned, Chad seconded. Report approved.
III. Coordinator Report	Janet worked 22.5 hours in February on the Comprehensive Report, due end of March 2016. She'll send an updated SWOT report to Members to learn if we've made any progress about Threats or Weaknesses. Our website went down for a bit, due to non-payment issues, but is back online. We're getting lots of hits, primarily at Minutes and Grant Applications. Janet is accepting grant applications at any time, but they won't be considered for funding till September 2016. Primary substance focuses are alcohol, marijuana and prescription drugs. The IN Youth Survey (INYS) follows national guidelines. The INYS is available to anyone in SAC for data needs. CARES paid for the 2015 INYS. There is a CARES meeting Thursday. Deb shared that she believes CARES will pay IN Prevention Resource Center (IPRC) for county-wide data.	
IV. Representative Reports	<ul style="list-style-type: none"> • Jennifer L reported that they're changing the way they work with clients to reduce recidivism. They received great training from IN Judicial Center. She's excited about new initiative to work on cognitive thinking of offenders. • Tim reported that inmate population is up to 75 currently, 37 have a substance abuse charge. They'll be targeting aggressive driving. Between March 5-6, one suicide and two attempted suicides. The Sheriff's office is dealing with lots of "off the wall" issues county-wide. Janet asked if the issues are primarily substance related, but Tim didn't think substances were the primary issues. • Josh – no report • Chad – no report • Becky B - absent 	

V. Other	<ul style="list-style-type: none"> • Deb shared CARES will be hosting 4 town hall meetings in April to educate the public about youth substance use issues. • Courtney shared info about Mentors For Youth. They've hired new staff to work on marketing. They've matched 10 youth this year. It costs \$1,400 for mentors and youth programming. Super Strikes is their largest fund raiser, to be held April 8 and 15 at Eastown Lanes in Jasper. 	
VII. Member Reports	<p>Aaron Garner, Valle Vista Health Center (Greenwood, IN), distributed info about Valle Vista. Aaron shared that they're expanding to add new beds and hiring trained staff to help with clients overcoming pain medication addictions. They help kids as young as 5, up to 18. Adult unit offers medical detox and psychiatric counseling. They help people who've been involved in human trafficking. Most of the girls on their trauma unit have PTSD from human trafficking, as well as overcoming substance issues. Aaron has had issues in his own life so he understands how difficult it is to initiate change. They use a wide variety of evidence-based programs. Nancy asked if human trafficking is occurring in Dubois County. Aaron said it doesn't always look like it does on TV. Sometimes parents allow things to happen to their children to settle drug debts or from poor parenting concepts. They do a lot to build self-efficacy. Residential is female only, including pregnant teens. Their focus is on appropriate client needs, not filling beds. They accept all types of insurance, including HIP. (Correction sent by Aaron to read: Most of our girls have sustained trauma and some of them have subsequent issues with PTSD and Substance Abuse. 4/22/16)</p> <p>Jim shared this is 'Social Workers Month'. All of today's presentations are from social service agencies.</p> <p>Layne echoed some of what Aaron shared as far needs are growing. He provided flyers about upcoming training for Nurse Practitioners and providers. He introduced Jessica, their CO. She shared that 2015 and 2016 populations were primarily alcohol related (70%). 40% were opium use, prescribed. Heroin 10%. They work closely with insurance to determine best needs of the patient. They do medical detox and transition to long term or partial hospitalization care. They'll have a professionally filmed program taped this Spring.</p> <p>Becky M reported increase in staff at Southern Hills. They'll have training in April. Currently have 176 Dubois clients with substance issue. 21 were new in January, with 2 under age 18. Alcohol, marijuana, meth, opium and tobacco. 17 new clients in February, all adults. 9 were alcohol. 2 marijuana. 3 opiates, 3 synthetics, and other substances. They have 17 hours per week for group sessions related to substances, using Matrix program. They haven't had an adult prevention program yet. Starting an evidence-base program, "Prime for Life" for adults, 12 hour risk reduction program appropriate for alcohol and/or marijuana (2 six hour sessions). Two weeks ago, they started the full model of "The Matrix". They broke The Matrix into smaller pieces for clients only needing portions. Their biggest struggle now is finding room space for all their programs and staff.</p>	Valle Vista can be reached at 317-887-1348 or 800-447-1348, and www.vallevistahospital.com .
Next meeting	April 12, 11am at Shoney's Restaurant. Any questions please contact Janet Schnell at Janet4SAC@GMail.com , 812-683-3767, 812-630-6779.	Focus is Alcohol Awareness. Mary will present.
VIII. Adjournment	Meeting adjourned at 12:03pm	Mary motioned. Becky seconded. Motion passed.