



The mission of the Dubois County Substance Abuse Council is to reduce substance abuse and the problems associated with substance abuse in Dubois County Youth and Adults in order to enhance family and community life.

SAC Meeting Minutes

DATE: 4/12/2016
CONDUCTED BY: Jim McFaul
TIME: 11am
RECORDED BY: Deb Capps
PLACE: Shoney's Restaurant

PRESENT: Jim McFaul, Mary Curtis, Chad Blessinger, Josh Gunselman, Megan Durlauf, Layne Foot, Terry Tanner, Nancy Eckerle, Becky Beckman, Becky Michael, Janet Schnell, Ashlee Murphy, Deena Hubler, Brian Seffernick, Natosha Beckman, Tim Lampert, and Elmer Brames.

Topic/Agenda	Discussion/Conclusion	Recommendation/Action
I. Approval of Minutes	Meeting began at 11:06	Nancy motioned, Terry seconded. Motion passed.
II. Treasurer's Report	Terry reported: Prevention/Education - \$8,594.93 Treatment/Intervention - \$8,594.93 Criminal Justice Services - \$8,594.94 Discretionary - \$6,559.69 Total - \$32,344.49 March user-fee collections were \$3,980, for a total in 2016 of \$8,071.	Chad motioned and Josh seconded. Motion passed.
III. Coordinator Report	22.25 hours worked primarily on Comprehensive Report which was submitted on March 25. No reply on approval from Indiana Criminal Justice Institute as of meeting time. Also worked with community members about trainings and services available. Jermaine Galloway is a potential speaker traveling throughout Indiana. Janet will work with Sheriff's Dept about presentation. She went to CARES community conversation on behalf of Southern Hills and shared dates for upcoming community conversations. Janet is working with Brentwood Meadows to provide dual diagnosis training for SAC and CASA members. It will be held in August.	
IV. Representative Reports	<ul style="list-style-type: none"> • Megan said they received a one year TANF grant for people on probation to get needed services. The grant has now been extended indefinitely. They're tracking number of people using grant services and services needed. • Tim 91 arrested in March. 62 males, 29 females. Of those arrested, 16 were alcohol offenses, 11 for drug offenses and 11 for DUI. Some are bringing K2 and other drugs into jail via body cavities. • Josh – no report • Becky B – medication collection will be 4/30, in Jasper, Birdseye and Haysville. Lunch & Learn on Monday will be about recycling and medication collection. Medication collection has continued since 2002 without any partners dropping out. Tim shared that CVS wants to provide medication collection but there wouldn't be any way to oversee what kinds of meds you'd receive, so not in plans. Tim will gladly take possession of any meds at non-collection times. • Chad – Brosmer house is doing well financially. They have one fundraiser per year but membership has been supporting Brosmer financially. 	

<p>V. Other</p>	<ul style="list-style-type: none"> • Becky M – “Prime for Life” sessions are beginning soon, 5 people have signed up but they need one more person. It’s a risk reduction program for previous offenders. Contact Brett Hurm for more info. • Deb shared info about CARES community conversations. 41 people attended the first conversation 4/4. Hoping for at least 200 people total at the four conversations. Conversation focuses on data from IN Youth Survey. Cards with questions are collected from those present to learn local perceptions. • Mary shared info about Brosmer House. The family’s best defense against alcoholism is information. The people impacted by an alcoholic are most in need of health, social and mental risk. Families aren’t responsible for their loved one becoming an alcoholic. Without knowledge, families can be enablers. The alcoholic must chose to recover for success. Al-anon helps families recover while the alcoholic becomes sober. There aren’t any dues or grants for AA groups. Members fully support AA groups. Anonymity is key. All sectors of general population are involved – rich/poor, young/old, white/other, religious/non, sexual orientation... AA began in 1935. Al-Anon began in late 1930’s. Ala-teen began in late 1950’s. Mary has been a member of Al-Anon for 9 years. She brought literature for distribution. Her cell # is on the literature. Almost everyone knows someone struggling with alcoholism, as an addict or a loved one of an alcoholic. Some alcoholics also attend Al-Anon, to help learn how to repair their family or learn to cope better with a loved one who is an alcoholic. Can be intimidating to go first time, but very welcoming and non-judgmental. • Chad shared that he’s been involved in Brosmer House and AA for many years. One of the traditions of AA is no spokesmen, commercials, or other promotion. He’s been sober for 11 years. Everyone has different experiences. The people who wrote the AA Book weren’t educated about recovery, but they wrote from their experiences. He’s learned to care more about others, than himself, overcoming his “soul sickness”. Variety of ways for people to become involved in AA, court-referred, spouse-referred, self-referred... There are over 20 AA meetings in Dubois. People can go to any of the meetings locally or in other counties, at all times of day/night. The Three “C’s” – didn’t cause it, can’t control it, and can’t cure it, but we can contribute (enable). Three Al-Anon meetings in Dubois County. • Deena gave info about CASA. She has a team of 32 people who work with children. She has 78 children and 42 different cases. Volunteers go through 30 hours of training and serve as the eyes of the court. They are free to reflect opinion of what’s best for the children. They see cases with alcoholism, primarily the mother, not the father. Dubois needs a total of 45 cases. Most CASA volunteers work with 1-2 children. Their website is www.duboiscountycasa.org. 	
<p>VII. Progress Reports</p>	<p>None</p>	
<p>Next meeting</p>	<p>The next meeting will be a field trip on May 10, 2016, 11 a.m. to TRI-CAP, 607 3rd Avenue. Remember to bring your lunch. Any questions please contact Janet Schnell at Janet4SAC@GMail.com, 812-683-3767, 812-630-6779.</p>	
<p>VIII. Adjournment</p>	<p>Meeting adjourned at 12:08pm.</p>	<p>Chad motioned and Mary seconded. Motion passed.</p>